

CHAIT MANAGEMENT



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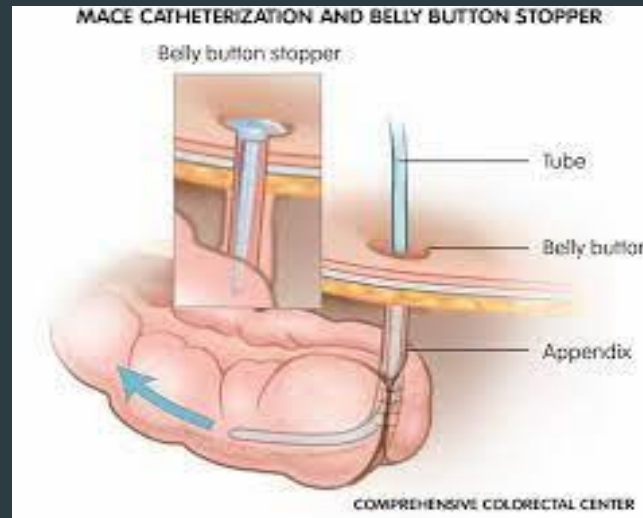
Antegrade Continent Enema (ACE)

- ▶ Aimed at managing faecal incontinence and long standing constipation.
- ▶ Patients with poor anorectal mechanisms e.g. spinal bifida.
- ▶ Surgery which has caused faecal incontinence.
- ▶ Children who have no medical condition to account for constipation and/or incontinence.



Cecostomy

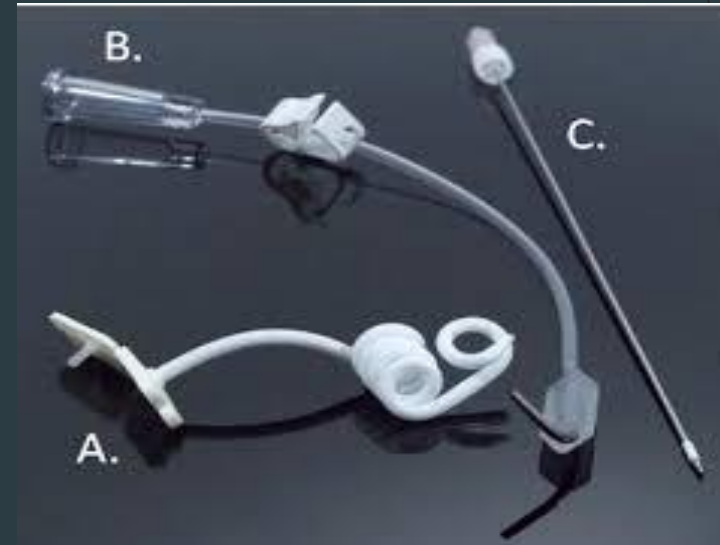
- ▶ The appendix is brought out of the anterior abdominal wall where an enema is delivered directly into the colon.



Chait Tube



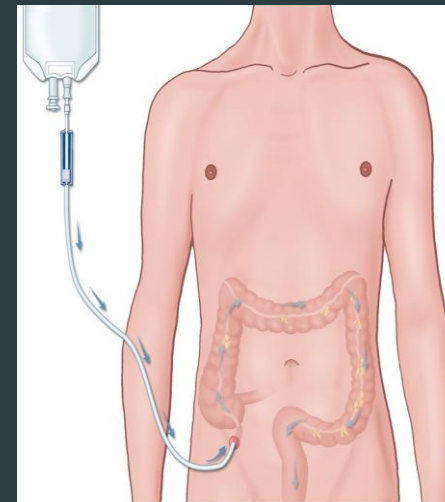
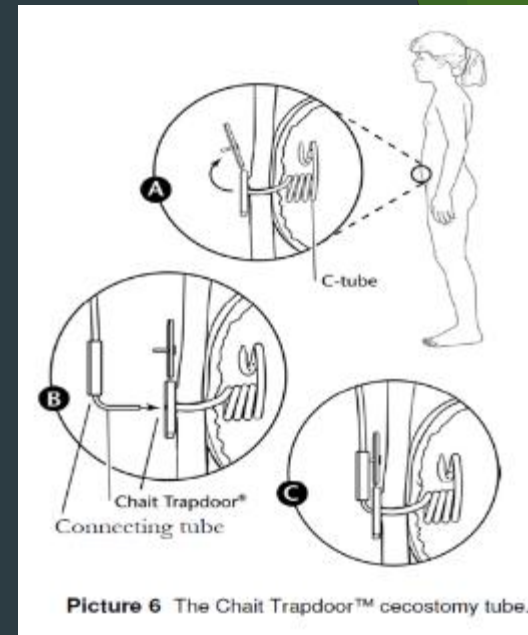
Equipment



- ▶ Irrigation bag and connectors.
- ▶ Irrigation solution - as directed by pediatric team.
- ▶ Initially establish flushing regime.
- ▶ Warm tap water 300mls - 500mls.
- ▶ Children under 16yrs require 2tsps of salt added to 500mls water.

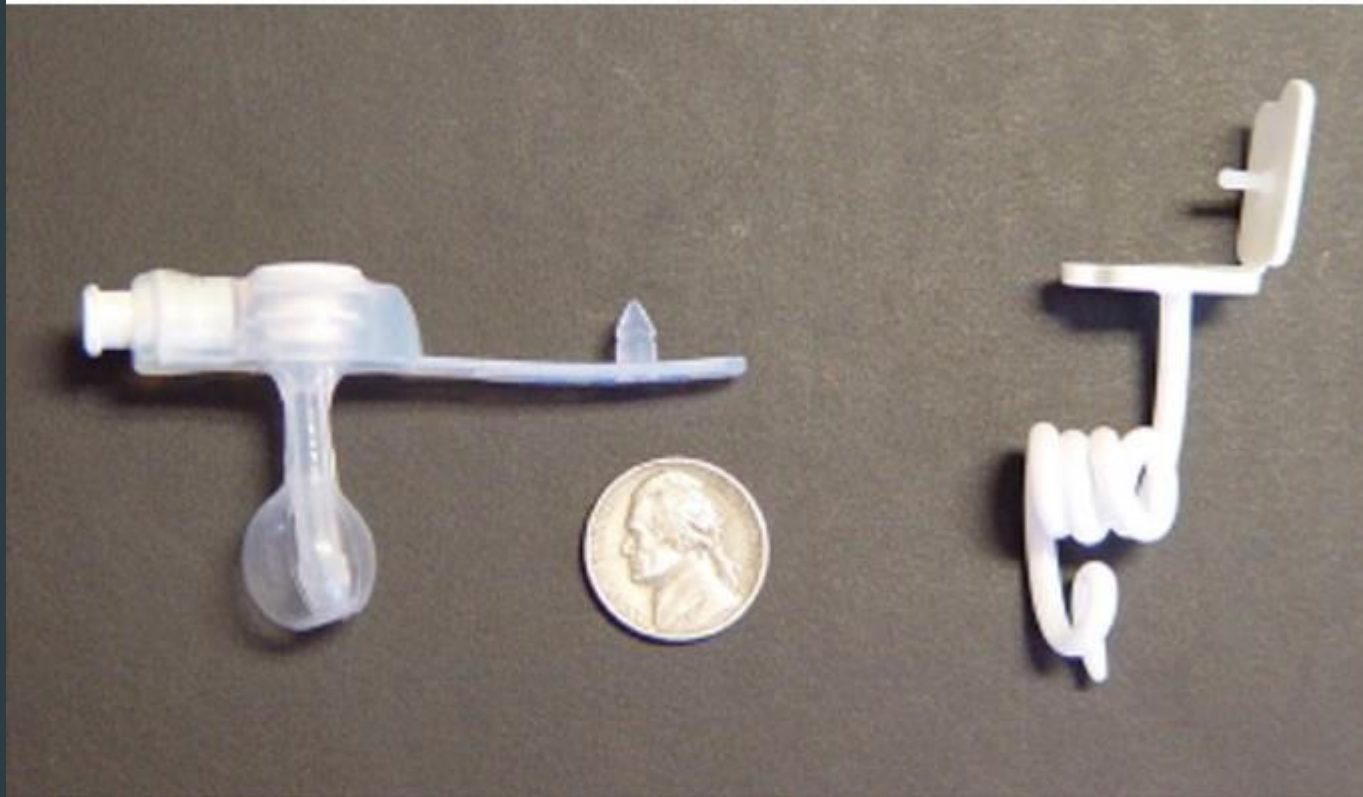
Administering Irrigation

- ▶ Set a time daily to perform irrigation.
- ▶ Clamp line & add solution to bag, remove air from tube.
- ▶ Seated on toilet, with bag positioned high (approx. 1.2m).
- ▶ Connect to open trapdoor, run solution in - if cramping occurs slow the rate.
- ▶ Once complete disconnect - bowel will empty into toilet 30 - 60 minutes (massage abdomen from left to right if progress is slow).
- ▶ Rinse equipment with warm soapy water.



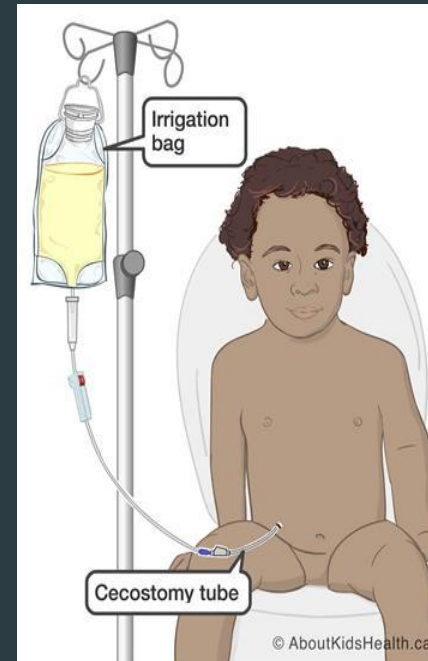
FYI

G TUBE BUTTON V. CHAIT



Care at Home

- ▶ First few weeks avoid taking a bath or swim.
- ▶ Sometimes a temporary 10g Foley catheter instiu for first 6 weeks.
- ▶ Daily irrigation regime.
- ▶ Clean the peristomal skin daily or when damp and soiled.
- ▶ Initially may have dressing but not usually required.



Patient may present with

- ▶ Tube has dislodged.
- ▶ Tube moves in and out.
- ▶ Discomfort or pain around the site.
- ▶ Minor skin irritation.
- ▶ Infection around the tube or inside abdomen.
- ▶ Febrile.
- ▶ Nausea.
- ▶ Granulation tissue around the stoma.

Trouble Shooting

- ▶ Pulled out - replace with 10g Foley catheter - contact consultant.
- ▶ Partially dislodged - tape in place and contact consultant.
- ▶ Signs of infection.
- ▶ Abdominal cramping - slow insertion of the solution.
- ▶ Irrigation fluid leaking around tube opening - can be normal - consider decreasing amount of fluid inserted, constipation.
- ▶ Irrigation will not flow or is too slow - raise irrigation bag, consider constipation , lack of oral fluids.
- ▶ Granulation - pimafulcort ointment.

Stress & Anxiety



Thank you

